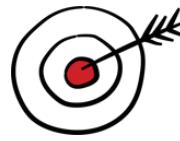


## WEEK 2 | COMMIT TO COMMUNITY



# BEING CHALLENGE

FROM RED LETTER CHALLENGE

teen

### INTRODUCTION

**Ice breaker:** Share with the group the most remarkable achievement you've ever accomplished alone and the most significant achievement you've ever accomplished with others.

Take some time to discuss the previous week's readings and challenges. Be honest about whether you did all, some, or none of the challenges. Challenges are not homework; they are opportunities. Completing them is not mandatory, but optional. You can still attend small group even if you didn't do any, but we challenge you to be honest about how you are doing with the challenges.

### DISCUSSION

- ➡ Celebrate a "win" that you had in Being Challenge over the past week.
- ➡ Share a struggle.
- ➡ What did God reveal to you during the readings and challenges this past week?

#### WATCH BEING CHALLENGE SMALL GROUP VIDEO WEEK 2 - COMMIT TO COMMUNITY

In all four of the Gospels, the first thing Jesus did when he began his ministry was to choose his disciples (**Matthew 4:18-22, Mark 1:16-20, Luke 6:12-15, John 2:35-42**). Then, he committed to these men and did life with them.

This week we are looking at the importance of the people you surround yourself with. There's an incredible story featuring the importance of your friends.

#### Read Mark 2:1-12

In this story, four friends carry their paralyzed friend to meet Jesus. It's a phenomenal story of how friends can help propel you to where you need to be.

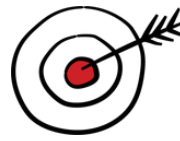
In what ways did these friends help the paralyzed man? Discuss the importance of friends in your life. What role do they play? Which are you?

\_\_\_\_\_ I go at it alone. I don't need anyone.

\_\_\_\_\_ Friends are my life. I would be lost without my friends.



## WEEK 2 | COMMIT TO COMMUNITY



# BEING CHALLENGE

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### DISCUSSION (CONT.)

In the video, Pastor Zach referenced Dr. David McClelland, a social psychologist from Harvard, who researched the importance of the community you surround yourself with. His findings revealed that the people you habitually associate with determine 95% of your success or failure in life.

\_\_\_\_\_ Agree \_\_\_\_\_ Disagree Why?

In what ways have your friends or community hurt you? In what ways have your friends or community helped you? One of the great sections of the Bible on the importance of friendship is in Proverbs. Read these verses and answer the question, 'How have you seen these verses to be true in your life, good or bad?'

- 1 Walk with the wise and become wise, for a companion of fools suffers harm. **Proverbs 13:20**
- 2 A friend loves at all times, and a brother is born for a time of adversity. **Proverbs 17:17**
- 3 One who has unreliable friends soon comes to ruin, but there is a friend who sticks closer than a brother. **Proverbs 18:24**
- 4 Listen to advice and accept discipline, and at the end you will be counted among the wise. **Proverbs 19:20**
- 5 As iron sharpens iron, so one person sharpens another. **Proverbs 27:17**

Rank yourself on a scale of 1-10 (where 1 is "very poor" and 10 is "excellent") on how committed you are to the right community around you. If comfortable, share that number with the group.

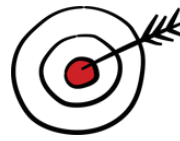
### CHALLENGE OF THE WEEK

Use the following handout or your workbook to identify the community you are committed to. Again, as we look to Jesus, we see some things in His life that can translate into ours:

- Jesus' primary relationship was with God.
- Jesus had a group of 3: Peter, James, and John.
- Jesus had a group of 12: His disciples.
- Jesus had a group of 72: a larger group of disciples made up of men and women that were fully committed to Him.
- Jesus had an even larger group of 500 that got to see him during teaching, etc.



## WEEK 2 | COMMIT TO COMMUNITY

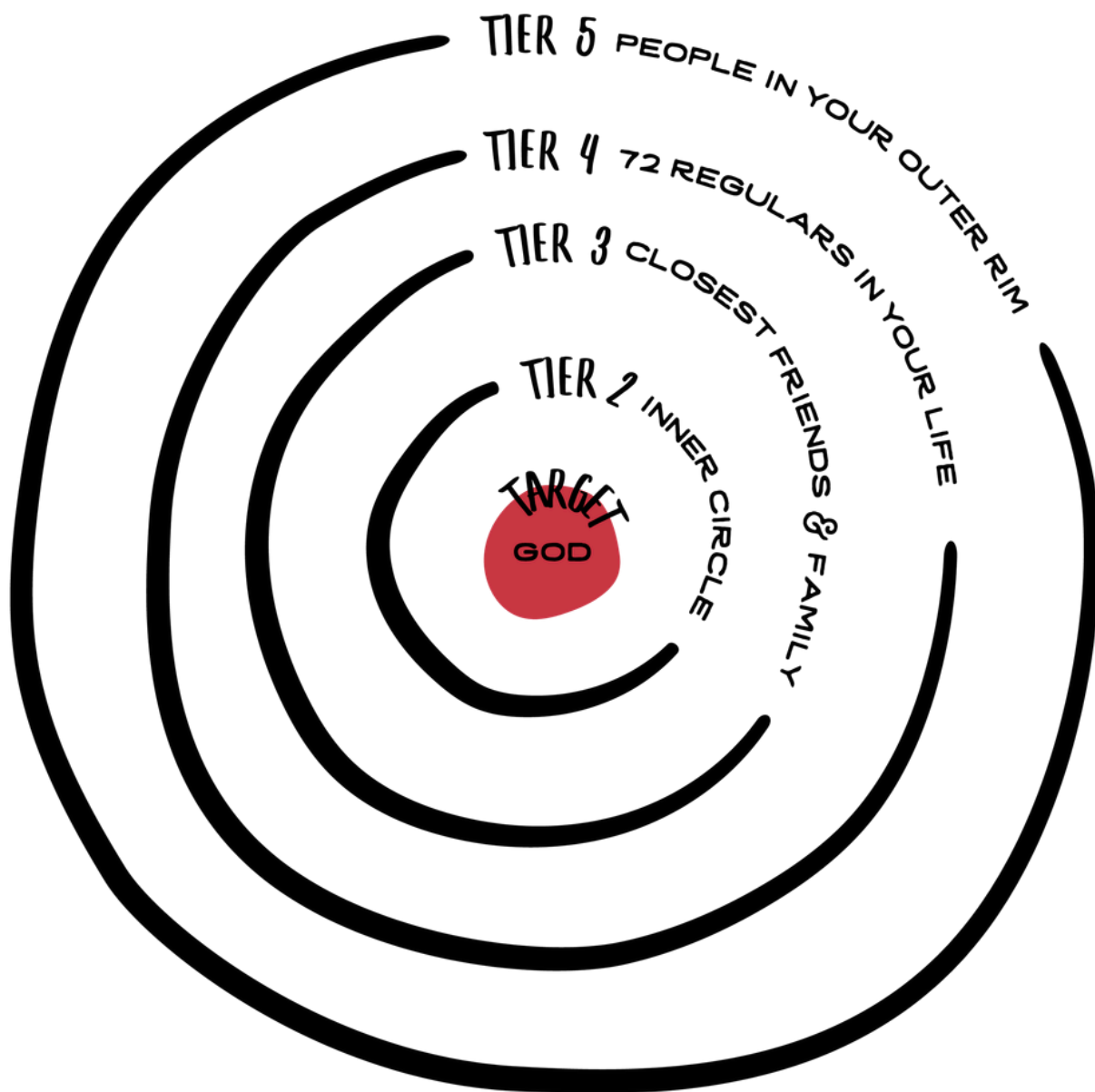


# BEING CHALLENGE

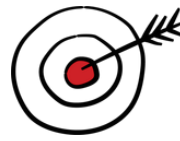
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### WHO IS YOUR COMMUNITY?

As the group number increases, Jesus' time with each of these groups decreases. Who are the people in your expanding rings of relationships? Fill in the spheres to identify your 3, 12, 72, and 500 and ask yourself: "Does my community encourage me to be closer to Jesus?"



## WEEK 2 | COMMIT TO COMMUNITY



# BEING CHALLENGE

FROM RED LETTER CHALLENGE

Teen

### CLOSING THOUGHT + PRAYER

**Read the following quote out loud together as a group:** “The next best thing to being wise

oneself is to live in a circle of those who are.” (C.S. Lewis)

#BEINGCHALLENGE



Do any major/minor changes need to be made to your community?

Spend time in prayer asking God to reveal truth in your life when it comes to your friends and what, if any, changes ought to be made to commit yourself to greater community?

*\*For deeper study and daily challenges to go alongside of the weekly small group experience, read Days 6-12 of  
Being Challenge: A 40-Day Challenge to Be Like Jesus.*

